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# ENERGY SAVING & U

#### ATTUNE

Activate the University for Climate Change





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www.attuneproject.eu

## **EVERGY SAVING AND CONSERVATION**

#### SWITCH ON YOUR ENERGY SAVINGS!

Did you know that... "**Energy saving**" represents several techniques used to **reduce energy consumption** due to human activity. The small oversights we may have during the day can actually have a big impact on the planet: take some **small steps** to make **big leaps** for our future!

#### UNISI ENERGETIC POLICY

GOAL n. 1: reduce energy consumpti on and carbon emissions GOAL n. 2: monitor our energetic performan ces

GOAL n. 3: raise awareness to reach goals





## **UNPLUG AND UNWIND...**

Do you need a break from studying? When you leave a room, make sure that all of your **devices** are **unplugged** or put them on "**power save mode**". Try to be mindful of **artificial lights** as well: if you have natural light, avoid turning them on.



Save up on you energy bills as well!



• Universities and local organisations care a lot about this topic. We have many events that highlight the need for a better and greener world!

Here's a local example: M'Illumino di meno





#### A MORE SUSTAINABLE WORK/STUDY SPACE

At **Uni** or at the **Office**, remember to check if the **heating** or the **A.C.** is **off** if not necessary, and remember to alert the Sustainability office when there's **energy dispersion**! At Unisi you can do it <u>here</u>.



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We didn't forget about the **library**: if you need to print some notes try to be mindful of the **resources** you're using and avoid printing **unnecessary paper**.

Here are some other tips and tricks!







### WHAT CAN WE DO BETTER?

- Both at Uni and around the city, if you can, avoid taking the lift and **take the stairs**: you get exercise and the planet gets benefit from it!
- Find out more about energy saving!



• Every small gesture can make a difference. Talk to your family and friends about climate change and spread what you have learned about sustainability, it has no costs and a lot of benefits. And if you need a guide, <u>here's one.</u>









### **ATTUNE** Activate the University for Climate Change

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